

HEALTH AND WELLBEING BOARD



TO:	Health and Wellbeing Board
FROM:	Dominic Harrison-Director of Public Health
DATE:	8 th December 2014

SUBJECT: Integrated Strategic Needs Assessment-Children and Young People's Emotional Health and Wellbeing

1. PURPOSE

The purpose of this paper is to present the final draft report and recommendations of the Integrated Strategic Needs Assessment (ISNA) on Children and Young People's Emotional Health and Wellbeing.

2. RECOMMENDATIONS FOR THE HEALTH & WELLBEING BOARD

That the Health and Wellbeing Board:

- Consider and note the final ISNA report and recommendations.
- Delegate responsibility to the Children's Partnership Board to incorporate the recommendations of the ISNA into their action plans and enact the findings of the ISNA on behalf of the Health and Wellbeing Board.

3. BACKGROUND

Under the Health and Social Care Act (2012) local authorities and clinical commissioning groups (CCGs) have a statutory duty to undertake a Joint Strategic Needs Assessment. In Blackburn with Darwen this process is known as an Integrated Strategic Needs Assessment (ISNA).

At the meeting of the Health and Wellbeing Board on 23rd June 2014 the Board endorsed the completion of an ISNA on children and young people's emotional health and wellbeing.

The purpose of this ISNA is to understand the current and future emotional health needs and assets of local children and young people aged 0-25 years. The ISNA will support a shared understanding and insight of local issues, and will contribute to the development of relevant local strategies and commissioning approaches.

4. RATIONALE

The ISNA Leadership Team and the Children's Partnership Board identified children and young people's emotional health and wellbeing as key topic for ISNA development. This was approved by the Health and Wellbeing Board as part of the agreed development programme of priorities for 2014/15.

This ISNA profiles the local needs and assets of children and young people 0-25 years to inform the insight, commissioning and delivery of health and social care services.

5. KEY ISSUES

The key issues for the ISNA are:

- The ISNA is a working document and will be updated as new data, intelligence and evidence becomes available.
- The ISNA will be one of a suite of resources available through the Knowledge Hub that will provide insight into local needs and aspirations to support outcome based commissioning for children and young people.

FORMAT

The ISNA on Children and young people's emotional health and wellbeing has been developed following the standard format set by the ISNA Leadership Team. The format used across all ISNA development includes the following subheadings:

- Defining the issue
- Why this issue is highlighted
- Size of the problem
- Who is at risk and why
- Levels of need
- Good practice
- Current services/initiatives
- Gaps-an overview of identified gaps and opportunities
- What young people told us-
- Discussion and recommendations

The ISNA is available as a comprehensive full version and also as an 'ISNA lite' which is a summary version. Both versions can be accessed through the Blackburn with Darwen Council website and by following the link [Integrated strategic needs assessment](#)

PROCESS

A task and finish group was established to oversee the ISNA process. The final draft of the ISNA has been circulated to the Children's Partnership Board for comment and has been presented to the ISNA Leadership Group.

It is proposed that the Health and Wellbeing Board sign off the final version of the ISNA to the chair of the Board.

6. POLICY IMPLICATIONS

This ISNA supports the Health and Wellbeing Board meet its statutory duty to carry out a JSNA and consider the findings within commissioning plans and strategies.

7. FINANCIAL IMPLICATIONS

There are no financial implications of this report for Blackburn with Darwen Council or partners.

8. LEGAL IMPLICATIONS

The Health and Social Care Act 2012 places a duty on Health and Wellbeing Boards to prepare an assessment of relevant needs, through the Joint Strategic Needs Assessment (JSNA) and to prepare a strategy to meet identified needs, through the Joint Health and Wellbeing Strategies (JHWS). In addition there is a duty on the Health and Wellbeing Board to provide an opinion as to whether the Commissioning Plan has taken proper account of the JHWS.

9. RESOURCE IMPLICATIONS

There are no resource implications of this report for Blackburn with Darwen Borough Council or

partners.

10. EQUALITY AND HEALTH IMPLICATIONS

The ISNA profiles children and young people's emotional health and wellbeing needs across the borough. The ISNA does not have a direct impact on equality and health but does consider the nine protected characteristics of the Equality Act 2010 in its approach.

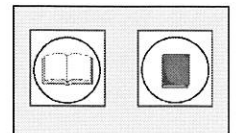
ISNAs highlight the needs in the borough and do not have direct impact on equality and health, however the activities in any associated action plans do require EIAs in order to ensure that the activities comply with the Public Sector Equality Duty and do not adversely impact any of the protected characteristics within the Equality Act.

11. CONSULTATIONS

Findings and key recommendations of the ISNA engagement work have been presented to the Children's Partnership Board and the ISNA Leadership Team for consideration and comment. The ISNA Leadership Team approved the final document for endorsement and sign off by the Health and Wellbeing Board on Monday 8th December 2014.

VERSION: 1.0

CONTACT OFFICER:	Suzanne Gilman-Public Health Specialty Registrar
DATE:	29 th October 2014
BACKGROUND PAPER:	



INTEGRATED STRATEGIC NEEDS ASSESSMENT CHILDREN AND YOUNG PEOPLES EMOTIONAL HEALTH AND WELLBEING

PLAN ON A PAGE

SCOPE		CONTENT	KEY ISSUES	RECOMMENDATIONS
Includes: Children and Young People 0-25 years	The ISNA includes the following:	Significant proportion of women (10-15%) experience mental health problems in pregnancy.	1. Approaches that support positive outcomes for children and young people's emotional health and wellbeing should be built into all contracts and service specifications.	
Considers CYP in 5 year age bandings	<ul style="list-style-type: none"> Overview of current national and local policy 	Early years support- important to parents e.g. Children's Centres, health visitors.	2. A programme of work should be developed that supports emotional health and wellbeing in pregnancy as a public health issue with important life course consequences.	
Considers: Maternal mental health Special/vulnerable groups: LAC, care leavers.	<ul style="list-style-type: none"> Why this issue is highlighted The size of the problem in BWD 	Mental health problems are common in school aged children affecting an estimated 10% of children aged 5-15 years.	3. Specific approaches should be developed that support teenagers at risk of self-harm.	
METHODS	<ul style="list-style-type: none"> Analysis of risk factors & at-risk groups 	Mental health hospital admissions rate for CYP higher locally than national rate.	4. All Health and Wellbeing strategies and programmes should be informed through active engagement and insight work with children and young people.	
Review of key literature	<ul style="list-style-type: none"> Levels of need in population 	Teenagers report pressures including cyber-bullying, exams, and self-image.	5. 'Whole school approaches' to emotional health and wellbeing that involve teachers, families and wider the community should be developed in line with national guidelines.	
Data Collection	<ul style="list-style-type: none"> Examples of good practice 	Hospital admission rates for self-harm higher in Bwd for 10-24 year olds compared with national average.	6. A health and wellbeing website promoting physical and social activities should be developed specifically aimed at children, young people and their families.	
Analysis	<ul style="list-style-type: none"> Current services and initiatives 	Children and young people access emotional support through specialist services but also family, friends and teachers.	7. Resilience within families should be promoted by providing parents and carers with the information they need to handle issues of emotional and mental wellbeing.	
Engagement work	<ul style="list-style-type: none"> Engagement and insight work with children and young people 	Loneliness and social isolation significant-particularly for vulnerable groups.	8. Links between adolescence, risk taking behaviours and the prevention of accidents and unintentional injuries should be further explored.	
<ul style="list-style-type: none"> Interviews Focus groups Commissioned activities Citizens Jury Short film co-produced with children and young people 	<ul style="list-style-type: none"> Discussion and recommendations 	Access to sport and physical activities positively regarded by CYP including vulnerable groups.	9. More insight work should be undertaken into the use of social media and the negative impacts for children and young people's emotional and mental health.	
Stakeholder involvement			10. Opportunities for children and young people to engage in peer support programmes and volunteering should be explored.	
			11. Work should be undertaken to identify groups of children and young people that may be at risk of loneliness and social isolation.	
			12. All commissioners and services should challenge the culture of acceptance and inevitability around smoking particularly amongst vulnerable groups.	
			13. Insight work should be undertaken to understand factors affecting low levels of wellbeing amongst young people in adolescence.	
			14. A review of specialist mental health services for children and young people should be undertaken including consideration of vulnerable groups such as looked after children and care leavers.	